

P. S. -- Bonus Patterns for Sisters At Heart, Miles Apart

If you have already purchased a pattern from this line, you can use the component pieces to make the following project. If you do not own the main line patterns, visit sistersatheartmilesapart.com. We're happy to share with you - that's what sisters do!

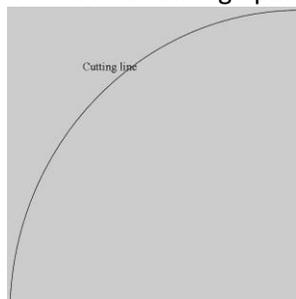
Let Freedom Ring Food Bowl Cover

Measurements are made to accommodate any size.



The bowl cover is adjustable to every size, so rather than give dimensions for a specific size we give you the FREEDOM to choose. So choose your bowl size and begin with a drum roll...

Cut a square of fabric the diameter of the bowl + 4 inches. So if you are using a bowl that is 12 inches across the top, cut a square of fabric that is 16 inches. Fold into quarters and press the folds. These are your guidelines. While it is still folded, use a curved edge template to cut off the corners. (i.e. a dinner plate) Make sure the curve doesn't go past the middle of either side. **See diagram.**



Or use the old string tied to a pencil to draw a circle. (See www.sistersatheartmilesapart.com for further ideas)

Unfold the square-now-circle and center the embroidery figure or text (included in the *Let Freedom Ring* collection of patterns). Embroider using pearl cotton #3 on the heavier lines of the letters and a shadow of 2 strands of embroidery floss on the smaller lines in a high contrast color to the fabric. Line drawn figure (from *the Let Freedom Ring* collection) is done with 2 strands of embroidery floss. For added definition, use satin embroidery floss.

*Using 2 ½ " single fold bias tape in a contrasting color begin sewing tape to the WRONG side of circle with raw edges even. The beginning of the bias tape should be folded over a ½ ", so you won't leave a raw edge. Stitch ¼ " from edge, making a complete circle. Now bring the folded edge of the bias tape to the front of the cover and stitch ¼ " from fold, creating a pocket for the elastic. Measure circumference of the bowl and subtract two inches; this measurement equals the amount of ¼ " elastic you will need. Insert elastic and adjust gathers.

*Tip: This single layer bowl cover is great for picnics. If you want something airtight for refrigerated storage, add a layer of PUL and zig-zag edges evenly with the top layer of cotton fabric. Continue from * as directed above.*

(See www.sistersatheartmilesapart.com for further ideas)

