

P. S. -- Bonus Patterns for Sisters At Heart, Miles Apart

If you have already purchased a pattern from this line, you can use the component pieces to make the following project. If you do not own the main line patterns, visit sisteratheartmilesapart.com. We're happy to share with you - that's what sisters do!

Let Freedom Ring bar-b-q mitt



Turn on the grill and let's get cookin'.

This pattern requires approximately one fat-quarter of pre-quilted fabric, the same size piece of heat resistant batting, squares of coordinating scrap fabric (including a few 2 ½" for the Prairie Points) and about 13" of double fold bias tape.

Cut one mitt pattern placed on the fold of pre-quilted fabric. If you are using two different kinds of pre-quilted fabric, sew a partial seam (RST) on the outside edge to create a flat surface when the mitt is opened up. Cut another one of the pattern from a heat resistant batting, also on the fold. Trace the 6" quilt block pattern onto fusible web using the manufacturer's instructions and cut into segments. Again, following the manufacturer's directions, iron the paper segments to the fabric scraps according to your color choices. *We recommend using the common fabric from your other [Let Freedom Ring](#) projects for the center square.* Attach the quilt block pieces, set on point, to the pre-quilted mitt pattern that is opened out flat. Secure by machine zig-zag, using a monofilament thread. Place the right sides of the mitt together and finish the seam around the outer edge. Stitch the outer seam of the heat resistant batting as well. Place the batting mitt inside the fabric mitt - wrong sides together.

Fold 2 ½" squares of scraps into Prairie Points (see our tips and tricks page at SistersAtHeartMilesApart.com for help with making Prairie Points). Place the raw edges of the Prairie Points along the raw edge of the mitt & batting. Baste in place. Open out one edge of the double fold bias tape. Align that edge with the wrong side of mitt edge and attach to the inside using the basting line as a guide. Bring the other edge of the bias tape to the outside and top stitch in place covering all raw edges.

Tip: Enlarge mitt pattern (see page 2) as needed to fit the hand that is grilling! You may need to increase the number of Prairie Points that go along the edge as well. You can further embellish by writing the words "Let Freedom Ring" with a fabric pen on the white borders of the quilt block.

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